



*My African Dream Children's Trust*  
*'Making their Dreams come True'*

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## **CAMP AFRICA PARENTS INFORMATION LETTER**

My name is Terry Corr, Camp Director of Camp Africa Tented Eco Centre and Trustee of My African Dream Children's Trust.

I wish, firstly, to place your minds at ease as you send off your children to camp, for some, the very first time away from home.

My African Dream Children's Trust, and our predecessor Marine Environmental Educational Trust, has been a leader in providing the highest quality Environmental Education experiences for learners throughout the Western Cape, since our establishment in 1997. In fact, in 2004, the Cape Times Caltex Environmental Awards honored MEET in November 2004 for ' Outstanding Achievement in Environmental Conservation'. Over the last three years, we have successfully run over Fifty 3 days, 2 night camps for Primary School learners, without One Injury of any significance.

### **1. SAFETY:**

We have a comprehensive First Aid Kit on hand and we are Qualified First Aiders, as are our Guides. We are paid - up members of the Cape Medical Response (CMR), based in Fish Hoek, less than 10 minutes away, who are highly competent Advanced Paramedics.

### **2. CAMP PROGRAMME:**

Our camp programme involves Hands on Activities including a one hour Wilderness Hikes, a Night Walk, a Tidal Pool Swim and Team Sports such as Survivor Games, Volleyball and Soccer. The Adventure Course is run by SunScene Adventures, a competent Adventure Operator. The guides utilised at the Adventure Course are all qualified in all aspects of Adventure Activities. The Adventure Course consists of a series of adventure apparatus, which involve climbing, balancing, teamwork, trust and cooperation.

Details and photographs of the Adventure Course can be found on our Website [www.myafricandream.org.za](http://www.myafricandream.org.za). Go to Camp Africa and click on Adventure Course.

Other parts of our programme include interactive Educational Talks on HIV and Aids and Substance Abuse. We understand sensitivity around these issues and experts in their field handle them professionally. We will also be visiting a number of areas in the Table Mountain National Park, with the emphasis on Active learning in the Outdoors.

Whilst our camp programme is Educational by nature, there is a strong focus on the Safety and well being of your children.

### **3. COACH TRANSPORT:**

The school or organisation that has booked handles transport arrangements. Details of the pick up and drop off times need to be obtained from the company involved or from the educators who are accompanying the children on the camp.

### **4. SUPERVISION:**

Your children will be divided into four tribes (groups) and will stay in those groups for the duration of the camp and be led by camp guides (mentors). Supervision is fairly structured and there is not a lot of time for free time or aimless running around, as we believe that discipline and structure makes for a successful camp.

### **5. CAMP ACCOMMODATION:**

The children are accommodated in their groups in Luxury Lodge 8 person Canvas Tents, sleeping on Double Bunks and thick mattresses. There are separate Tents for Boys and Girls. Meals and presentations are conducted in our large Enviro Tent.

### **6. CAMP CATERING:**

All meals are prepared in the Camp Kitchen and cooked by the children themselves. They really enjoy this and it builds their life skills. The meals are wholesome, there is more than enough, tasty, free from preservatives and generally organic, where possible.

### **7. ABLUTIONS:**

There are Two Hot Showers, Two Flush Toilets, a Bath and Hot and Cold Water Basins, in our water, energy and waste saving Eco Ablutions. There are controlled Shower times in the mornings and evenings.

### **8. TUCK SHOPS AND MONEY:**

There will be a Tuck Shop at Camp that will provide healthy snacks, juices and cooldrinks at fair prices. A maximum of R50 should be given to your child who in turn should give it to a teacher for safekeeping.

### **9. CAMERAS:**

Cameras are a good idea to capture the camp experience. We will be taking a Portfolio of Digital Photos from Start to Finish and will end up with over a 100 photos.

#### **10. CELL PHONES:**

At present, there is NO Cell phone reception at the camp, so it is not necessary for your child to bring one with.

#### **11. MEDICAL:**

Please ensure that you send any medicine that your child is presently taking with your child and fill in the full details on the Camp Africa Participants Information Form. Through these forms, our staff and those at the Adventure Course will be made aware of your children's Medical issues, as necessary.

With reference to Asthma sufferers, please make sure that your child brings their Asthma pump to the camp and uses it as prescribed.

#### **12. WHAT TO BRING:**

Please stick to the 'What to Bring Kit List' that your Educators have or which is available on our Website at Downloads. Clothes and toiletries should be in one bag and they need a backpack or rucksack, which contains their lunch pack, consisting of a sandwich, fruit and water, a jacket, swimming costume, towel and hat Do not go out and buy new clothes and shoes, as this is not necessary. The children must bring Sleeping Bags or Duvets and Pillows. The first activity when the group arrives will be a 1 hr wilderness hike at Cape Point.

#### **13. DEPARTURE AND RETURN TIMES:**

Generally, the group will depart from the school by 9.00am on the first day. The bus will arrive back at the school by 2.00pm on the last day of the camp.

#### **14. FEEL FREE TO CONTACT US:**

As a parent myself, I know this time can be a bit disconcerting as you are not sure that your child is being well looked after. Rest assured, we take good care of them throughout the camp and there is no reason to be apprehensive. You will receive back a different child! If you require any further information, please feel free to contact me at the contact numbers below or on the website.

At present there is no Cell phone reception at the camp but by contacting us at our office telephone number 021 76801353, you will be able to leave a message if we are at camp. Alternatively contact us through e-mail or the website.

Looking Forward to a Great Camp.

Terry Corr: Camp Director  
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